

Corpus Christi Catholic School

Week 1 Lunch Menu

Monday

Baked Chicken Sausages
with Onion Gravy

Chunky Bean and Vegetable
Casserole

Cheddar and Three Onion
Quiche

Creamed Potatoes

Fine Green Beans
Fresh Cauliflower

Salad Selection

Spanish Orange Cake with
Custard Sauce

Fresh Fruit Platter

Fruit Yoghurt

Tuesday

Spanish Chicken

Seafood Paella

Chick Pea and Vegetable
Tagine

Steamed Basmati Rice

Sweetcorn
Citrus Carrots

Salad Selection

Orange and Apple Wedges

Fruit Smoothie

Wednesday

Roast Gammon with Gravy

Macaroni Cheese

Fresh Vegetable Loaf

Roast Potatoes

Braised Cabbage with
Courgettes

Salad Selection

Chocolate Sponge served
with Chocolate Sauce

Fresh Fruit Platter

Fruit Yoghurt

Thursday

Chicken Madras

Sauté Sweet Potato with
Mixed Beans

Jacket Potato with a Choice
of Fillings

Steamed Basmati Rice

Steamed Broccoli
Roasted Parsnips

Salad Selection

Tropical Flapjack

Fresh Fruit Platter

Fruit Smoothie

Friday

Battered Fish Fillet

Cheese and Potato Pinwheel

Spanish Omelette

Chunky Chips

Baked Beans
Garden Peas

Salad Selection

Orange Jelly and Mandarins

Fresh Fruit Platter

Fruit Yoghurt

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Week 2 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Lasagne	Buffalo Chicken	Roast Turkey	Blackened Cajun Chicken	Tuna and Sweetcorn Wrap
Penne Arrabbiata	Leek and Lentil Pie	Pan Fried Fish	Linguine with Roasted Vegetables and Parmesan	Sandwich Selection
Bean and Vegetable Pilaf	Black Eyed Bean and Vegetable Chilli	Jacket Potato with a Choice of Fillings	Vegetable Rosti	Vegetable Quiche
Garlic Bread	Steamed Basmati Rice	Roast Potatoes	Jollof Rice	Chunky Chips
Fresh Cauliflower with Mange Tout	Fresh Vegetable Medley	Fresh Broccoli Butternut Squash	Fresh Carrots Braised Cabbage	Baked Beans Garden Peas
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Dorset Apple Cake with Custard Sauce		Carrot and Orange Cake	Flapjack	Vanilla Ice Cream with Fruit
Fresh Fruit Platter	Melon and Orange Wedges	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Fruit Yoghurt	Fruit Smoothie	Fruit Yoghurt	Fruit Smoothie	Fruit Yoghurt

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Week 3 Lunch Menu

Monday

Beef Bolognese

Pan Fried Tilapia

Vegetable Bolognese

Spaghetti

Fresh Broccoli
and Cauliflower Mix

Salad Selection

Lemon Sponge with Custard
Sauce

Fresh Fruit Platter

Fruit Yoghurt

Tuesday

Chicken Fajita

Caribbean Fish

Mixed Bean Ratatouille

Garlic and Herb New
Potatoes

Fine Green Beans
Citrus Carrots

Salad Selection

Chocolate and Pear Sponge
with Chocolate Sauce

Fresh Fruit Platter

Fruit Smoothie

Wednesday

Steak Pie with Gravy

Pasta Neapolitan

Spinach and Potato Bake

Parsley Potatoes

Braise Cabbage
Roasted Parsnips

Salad Selection

Orange and Apple Wedges

Fruit Yoghurt

Thursday

Chinese Sticky Chicken

Thai Style Fishcakes

Oriental Stir Fry with Noodles

Fried Rice

Sweetcorn
Fresh Carrots

Salad Selection

American Cookie

Fresh Fruit Platter

Fruit Smoothie

Friday

Pizza Margherita

Seasoned Baked Salmon

Cheesy Potato Skins

Chunky Chips

Baked Beans
Coleslaw

Salad Selection

Frozen Yoghurt with Fruit

Fresh Fruit Platter

Fruit Yoghurt